1. Mission of Brighton Pom:
   1. The purpose of Brighton Pom is to promote school spirit, provide halftime and other entertainment at athletic events, and to represent the school and community at all team appearances with excellence, and poise.
   2. Our mission is to provide dancers with a successful and meaningful experience in a positive and healthy environment. Team members will work towards maintaining high academic achievement, increasing their dance abilities, practicing positive sportsmanship, learning effective time management, and forming strong friendships. The success of the team is due to a strong commitment from the dancers and the coaches. The dancers will always exhibit impeccable positive attitudes toward team members, competitors, coaches, and the school.
2. Qualification for membership:
   1. All prospective 9th – 12th grade dancers for 2017-2018 must be enrolled in Brighton High School for the new school year, as of the start of tryouts.
   2. Varsity can be comprised of 9th – 12th graders, JV can be comprised of 9th – 10th graders.
   3. Brighton Pom members may not commit to another sport, club, job, or any other commitment that will conflict with their Pom schedule. In the instance that they choose to do so, attendance at Pom events takes precedence over any and all of your other commitments. Failure to do so will lead to dismissal.
   4. Students must be passing every class, and maintain a 1.665 GPA. Grade checks are performed by the Athletic Department, and coaches are notified of violations. Failing grades at time of reporting will result in probation, or suspension.
   5. Prior membership on Varsity or JV Pom does not guarantee you a returning spot. Prior membership on JV does not guarantee you to ever make Varsity. All prior members must re-tryout, and earn a qualifying score for participation in the following season.
3. Conduct:
   1. As a member of Brighton Pom, you are a representative for your team, and your school. Members are expected to conduct themselves in a mature and responsible matter at all events both on and off school grounds. If a dancer’s actions are not in the best interest of the team or will in any way jeopardize the goals, expectations, reputation, or well being of the team, the appropriate consequences will be implemented. *Take personal responsibility to be a strong, trustworthy, and valuable team member.*
      1. BHS Code of Conduct is to be followed at all times.
   2. Substance Use: Any team member who violates the BHS policy will be immediately reported to Athletic Director, and handled as he/she decides. Parents will be contacted immediately, and appropriate consequences will be implemented.
      1. BHS Code of Conduct is to be be followed at all times.
   3. Profane language will not be used, particularly while wearing Brighton uniforms or attire. This includes within and outside of Pom commitments.
   4. All personal social media accounts must represent the team in a positive light. Should a team member choose to post material that is inappropriate or represents the team or school in any derogatory manner, she will be referred immediately to the Athletic Director, and consequences will be implemented in accordance with the BHS Code of Conduct.
      1. It is not coaches’ responsibility to monitor social media accounts, and we will not do so. We highly recommend parents have access to their dancers’ accounts.
      2. Coaches’ personal social media accounts will remain private from dancers and parents.
4. Attendance
   1. Team members are required to attend all scheduled practices throughout the season. Please review our calendar before trying out. Additional expectations will be added such as team pictures, fundraisers, team-bonding events, community service, special appearances, etc., and are mandatory as well. We will always give as much advance notice as we are able to.
   2. Each member is expected to have prepared for practice. Once a routine is taught, it will not be re-taught. It is imperative that you practice on your own time.
   3. Team members are expected to be on time, and in appropriate dance attire, with all required supplies, every time.
   4. Choreography/workshop weekends are absolutely mandatory for membership.
   5. Strength and conditioning with certified trainers is done in and outside of practice to improve overall core strength, flexibility, enhance performance, and reduce injuries, and attendance is required. If for some reason you cannot make a session, you are expected to notify your coach immediately, along with when you plan to make up the hour, within the next week.
   6. All members should be fully dressed even if they are not participating.
   7. While at any Pom event your phone will be away, and/or off, for the duration.
   8. If you miss any part of the school day you may not practice or perform that day, unless you have asked for and received permission from the Athletic Director. You must notify your coach immediately of any school absences.
5. Absences
   1. Each member is allowed FOUR excused absences throughout the Pom season before consequences begin to be enforced.
      1. 1st offense: Suspension from the next performance/game
      2. Subsequent offenses: Meeting with coach(es) to discuss appropriate penalty.
      3. Any absence without coach notification is unacceptable.
   2. Absences are excused for religious requirement, important family events (i.e. wedding, funeral, etc.), and in health-related situations.
      1. Team members may be asked to provide proof.
   3. Absences are not excused for doctor appointments (or that of similar nature, except in emergency), other sporting event games/practices, jobs, concerts, clubs, homework, school projects, etc.
      1. Time management is key in being a successful student athlete.
   4. The coach should be notified by the student of absence as early as possible.
   5. Tardiness is unacceptable. Arrive early, and prepared.
   6. In the event of an absence, the team member is responsible for getting caught up on all choreography or formation changes, and any information discussed or distributed. This update must occur prior to the next scheduled practice. If practice is missed within a week of a game or performance, it is at the coaches’ discretion to keep or cut a team member from that performance depending on the circumstances surrounding the absence and their readiness.
      1. Team members may be asked by their coach to demonstrate that they have learned what they missed before the next practice.
6. Performance Participation
   1. *Dancing of any member at any performance is up to the discretion of the coaches.* Even if a member is not performing, she must attend all practices and dress in full uniform. Dancers are free to discuss with their coaching staff all decisions and questions, however all decisions are final.
   2. Decisions regarding performance status can be made, and changed, at any time throughout the year. Dancers are evaluated on ability, consistency, attitude in and out of practice, and adherence to Pom and BHS policies.
   3. Although a dancer may be pulled from a performance, they are still a valuable member of the team and are expected to uphold all responsibilities; remaining actively engaged in practices, dressing and attending all performances/competitions, maintaining a positive attitude, and continually striving for improvement. These actions are imperative in the case of an injury, illness, or any other event that causes a team member to be unable to perform, any dancer can be added to a routine/performance at the coaches’ discretion. Be prepared if your team needs you to step up to the plate.
7. Recurring or Long-term Injury
   1. Your health is of primary importance, for your own sake and for the team’s. If you have a long-term or recurring injury that keeps you from dancing full out or doing certain choreography, we cannot accommodate you.
   2. Injuries can come up during the season, and of course we will work with our team members if this occurs.
8. Fundraising/Costs of Membership
   1. Every member will take an active role in fundraising activities organized by the team. It is your responsibility to contribute time and effort toward supporting the team’s many expenses. All fundraising goes directly toward team expenses.
   2. Individual costs for membership are anticipated to be a maximum of $1900 for the season. We offer various fundraisers to help offset this money, and what you earn toward it is directly related to your participation and commitment to fundraising.
   3. If you choose not to participate in fundraisers, you will be asked to pay the amount out of pocket that members were asked to raise.
   4. There are two ways to pay:
      * 1. Pay the anticipated cost of $1900 up front, and money will be deducted from that amount as needed throughout the season.
        2. Make 2 payments of $950 each due by June 10th, and October 10th.
        3. Regardless of what you choose, you may be updated on the deductions and remainder of your money, if requested, at any time. If actual season costs go over, you will be contacted for the remainder when we reach that point. If costs are under, the remainder will be returned to you, or put toward the next season, at your discretion.
      1. No one will be benched or kept from Pom membership or participation for being *unable* to pay. Please communicate with coaches as needed in this event.
   5. Currently the Brighton Athletic Department charges Pay to Play fees for participation. We pay two fees as we are a two-season sport. This has been included in your costs.
9. Dance Class
   1. We strongly recommend that all team members attend a weekly dance class, in a style that pushes them. As dancers become more and more talented every year and the standard is raised, girls who do not take dance class outside of Pom will simply have a harder time keeping up.
10. Varsity Letter
    1. In order to receive your Varsity letter you must complete the following criteria:
       1. Start and end the season in good standing
       2. Perform in at least 85% of scheduled performances.
11. Communication
    1. It is critical to maintain positive and constructive communication between team members and coaches. Please let the coaches know if you are having issues with anything that relates to the team. No question is a dumb question, and an unvoiced concern cannot be resolved.
    2. There will be fun practices. There will be stressful, hard, and really hard practices. Through it all, team members are here to help each other. Keep an open mind when giving and receiving criticism. Be coachable.
    3. Communication with parents will come through email.
    4. Communication with team members will be done through group text message, and in person.
    5. Parents may not address concerns to a coach the day of any event, performance, camp, or competition.
    6. *All members will be given the Athletic Department Guide for Parent/Coach Communications, and are expected to read and adhere to it.*
12. Supplies
    1. Uniforms should be returned to us in the same condition they were given to you in. You may be charged for repair or replacement if needed.
    2. Performance poms become practice poms for the next season.
    3. You will be given a detailed list of what items are required to be purchased outside of the Pom Budget. This includes items such as dance shoes (turners and gore boots), performance make-up and hair supplies, tights, etc.
13. Physicals
    1. Team members must have a current physical on file with the athletic department in order to try out.
    2. If students have one on file for the past season, they will be required to provide a new one dated after April 15th by August 2017. If they do not currently have one on file with BAS, they will need to provide one with their tryout packet.

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ understand the contract and guidelines placed upon me as a member of Brighton Pom. I will uphold the responsibilities and requirements stated in this contract throughout the season to benefit myself and the entire team. Part of my commitment is to uphold continuous respect toward fellow teammates, captains, and coaches at all times.

As a student, I will continue and develop my positive attitude, healthy behavior, and strong work ethic. I fully understand my actions and attitude affects the well being of the team. I promise to focus on my academics as well as my position on the dance team, and agree to all the time commitments each requires.

I am fully aware any breach of contract results in the aforementioned consequences.

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Student Signature Date

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Parent Signature Date